

★ BIGGEST ISSUE EVER!

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THE BEAUTY EXPERT

OCTOBER 2008

AMAZING BREAKTHROUGHS!

- Frizz-Preventing Formula
 - Dark-Spot Solution
 - At-Home Hair-Removal Gizmo
 - Quick, Healthy Hair Dye
- And More

TEAR-OUT BEAUTY GUIDE

12 Step-by-Step Lessons for
Sexy Hair, Makeup, Skin

Grey's Anatomy's

ELLEN POMPEO

"People love to watch a train wreck."

SPECIAL ISSUE!

BEST OF BEAUTY

THE 182 WINNING PRODUCTS

Volumizing Shampoo, Rich Conditioner, Undereye Concealer, Wrinkle Fighter,
Soft Pink Lipstick, Zit Cream, Long-Lasting Lip Gloss, Clump-Proof Mascara, and More

\$3.99US \$4.99FOR

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New Juice Fasts
Do They Really Work?

HAIR

No one can deny the confidence-building power of good hair. These products offer a little lift (or smoothing, or color, or moisture).

Shampoo and Conditioner

FINE HAIR. We had resigned ourselves to a choice between shine and volume, but **L'Oréal Paris Vite Pro Glossy Volume Shampoo** delivers both beautifully. And **Biologie Volumathérapie Bodifvine Conditioner** is

• **Paul Labrecque Color Style Curl Defining Gelee, \$24.** Shapes and separates curls without that icky sticky feeling. In fact, it's so lightweight, it disappears into your hands after you apply it.

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aren't moisturizing enough for your coarse hair, try **Fantene Pro-V Restorative Replenishing Mask**. It rinses out without a bit of residue, leaving hair silky and radiant.

Home Hair Color

SINGLE-PROCESS. We've actually used **L'Oréal Paris Féria Multi-Faceted Shimmering Colour** to rescue botched salon jobs; regular use doesn't weaken hair.

HIGHLIGHTING KIT. **L'Oréal Paris Féria Multi-Faceted Highlights** couldn't be easier: The thick cream stays where you paint it, and the color shows up in subtle streaks.

ROOT COVERAGE. **Clairel Nice 'n Easy Root Touch-Up** blends in perfectly with your base shade, buying you an extra two weeks before a salon visit. For temporary (but immediate) results, **ColorMark** is a tinted liquid that you paint over grays. It doesn't get crunchy and rinses out when you shampoo.

Styling Products

VOLUMIZER. It's no coincidence that so many stylists rely on **Kérastase Nutritive Mousse Nutri-Scalp** backstage at fashion shows. The cream spreads evenly and doesn't harden, even if you use it all over.

DEFRIZZER. A dab of **The Body Shop Coconut Oil Hair Shine** tames flyaways and deflates puffy hair. A little goes a long way, so one small tin lasts for years. For fine and normal hair, **Dove Frizz Control Therapy Taming Cream** repels static and controls baby hairs along the hairline without becoming greasy.

WAVE ENHANCER. If your texture falls somewhere between straight and wavy, **Blow Beach Texturizing Mist** encourages curls and gives them a sexy tousled look. What it won't give you: crunch, that dated wet look, or frizz.

CURL DEFINER. Thicker than a cream or lotion but less tacky than a typical gel, **Paul Labrecque Color Style Curl Defining Gelee** shapes and separates curls without that icky sticky feeling. In fact, it's so lightweight, it disappears into your hands after you apply it.

STRAIGHTENER. **Nexus Slick Memory Straightening Spray** has a cumulative effect, actually training hair to maintain a sleeker shape.

HAIR SPRAY. **L'Oréal Paris Elnett Satin Hairspray** has been beloved by hairstylists for years, but it wasn't widely available in the States until this month. Stylists swear by the long-lasting, shine-inducing brush-through formula, and so do we.

BLOW-DRY CREAM. **Redken Satinwear 02 Ultimate Blow-Dry Lotion** reduces drying time by half, even if you have naturally curly hair.

SHINE BOOSTER. Some shine serums make you look like a victim of an oil spill, but **Shu Uemura Silk Oil Camellia Smoothing Fluid** leaves behind a glassy sheen that's never greasy—no matter what your hair type.

WAX/POMADE. **L'Oréal Professionnel Texture Expert Architecture Matte Defining Paste** provides hold that endures without stiffness. It's as effective at texturizing the ends of short cuts as it is at defining long layers.

GLAZE. Sometimes, you just can't beat the original. **John Frieda Collection Luminous Color Glaze** comes in a variety of shades, and each contains translucent dyes that coat the hair and make your color look brighter. The clear version is an all-star shine enhancer.

DRY SHAMPOO. **Oscar Blaud Pronto Dry Shampoo powder** absorbs extra scalp oil without turning roots white or gray.